

MAMAFURFUR

BLESS MY HOME CLEANING SCHEDULE

DAY _____

BEDROOMS

quick tidy
polish and dust furniture
quick vacuum

Laundry: sheets

DAY _____

BATHROOMS

clean shower & toilet
clean counters & mirrors
change towels

Laundry: towels, rags

DAY _____

KITCHEN

clean out fridge & freezer
clean counters & appliances
organize cupboards
meal plan

DAY _____

LIVING SPACES & DINING

dust & polish furniture
freshen fabrics
quick tidy
quick vacuum

DAY _____

FUNDAMENTALS - BLESS MY HOME

vacuum & mop all floors
clean mirrors & windows
deep Hoover and clean surfaces
clear hot spots and clutter

Laundry: clothes

WEEKEND

HOME SELF LOVE

clean out car(s)
change bedding
food shop
monthly cleaning tasks
weekly prep time

Laundry: bedding & towels

DAILY - MORNING + EVENING PICK UPS

clear hot spots and clutter
quick kitchen surface and living surface clean
prepare food for next day
prepare clothing and bags

MAMAFURFUR

MONTHLY BLESS MY HOME ACTIONS

clean oven

clean cutlery drawer and all kitchen cupboards

clean dishwasher

clean washing machine

hoover vents and skirting boards

clean car inside and outside

descalc kitchen and coffee machines

clean out freezer and fridge

clean under furniture

review budgets and investments

review past month spending

review health and fitness activities towards goals

plan date nights and family times ahead

block time for important appointments ahead

review 12 week goal progress

EVERY 3 MONTHS

review clothing - donate, sell, give away

wash duvets and pillows

turn bedroom mattresses

clean garden furniture

deep clean carpets

review goals and 12 week plans